

JUNE
2



Leti expert Yoga
Instructor



YOGA WITH LETI AT OCPT

Yoga Nidra Class
7:30pm-8:30pm Thursday June 2

Join us through a 45-minute guided meditation by expert instructor Leti. Expand your self-awareness, improve body rejuvenation, and help treat daily stress levels and anxiety. To sign up go visit our [Facebook](https://www.facebook.com/ocptclinic) page and register. Limited Space.

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