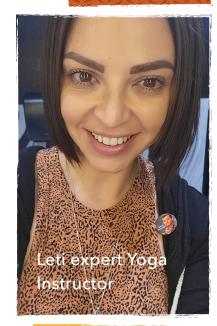
JUNE 2





YOGA WITH LETI AT OCPT

Yoga Nidra Class 7:30pm-8:30pm Thursday June 2

Join us through a 45-minute guided mediation by expert instructor Leti. Expand your self-awareness, improve body rejuvenation, and help treat daily stress levels and anxiety. To sign up go visit our <u>Facebook</u> page and register. Limited Space.

HTTPS://WWW.FACEBOOK.COM/OCPTCLINIC